

F.A.Q's

Q: How do I use body sculpting products correctly for optimal results?

A: You must follow the instructions on the instruction card that was provided.

Q: Can the products be used by both men and women?

A: Absolutely! Our products are not gender specific.

Q: Are body sculpting results permanent, or do I need to continue using the products to maintain them?

A: Body sculpting is a temporary treatment and we recommend 4 sessions to start. Using the products will continue to enhance your results along with a proper diet and plenty of water.

Q: How do I choose the right body sculpting product for my specific needs and goals?

A: We recommend scheduling a body analysis to pick the best product(s) for you and your desired goals. We will also make sure you do not have an allergy to certain ingredients.

Q: How long does it take to see results from body sculpting products?

A: Although MOST see results within 24 hours, results may vary.

Q: Do I need to combine body sculpting products with a specific diet or exercise regimen?

A: We highly recommend at least working out for 30 mins 2-3 days a week and keeping a low calorie diet for best results. If you need an accountability partner, please reach out! We are here to help you achieve your goals